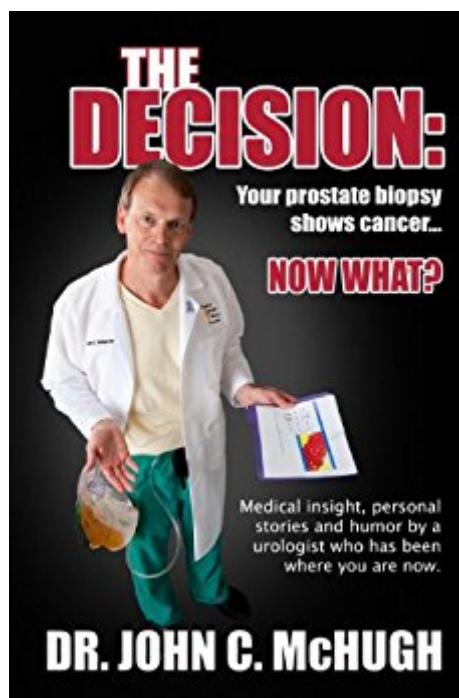


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# The Decision: Your Prostate Biopsy Shows Cancer. Now What? Medical Insight, Personal Stories, And Humor By A Urologist Who Has Been Where You Are Now.



## Synopsis

Over 200,000 times a year a patient will leave his urologist's office having been told he has prostate cancer. What the patient thought to be a disease of old men from which they do not die, now presents a very complicated and frustrating dilemma about what treatment to pursue. The newly diagnosed prostate cancer patient does not need a definitive text book on prostate cancer; rather, he needs to know what is pertinent and specific to him in making a decision on how to treat it. The Decision offers the reader an insider's view to the key issues necessary for a well thought out treatment plan that is unique to him. Drawing upon his experience in treating prostate cancer for over twenty years, as well as having been through the decision making and treatment process as patient himself uniquely qualifies Dr. McHugh as a mentor to the reader. His book outlines a novel and multi-faceted approach to aid the newly diagnosed prostate cancer patient in making his "Decision."

## Book Information

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## Customer Reviews

I bought this book in, I think, 2012, when I first started worrying about my husband's numbers. HE

liked it, but he enjoyed its simplicity. A child could read and understand this book. By all means, every man and "man-owner" should read everything on prostate cancer. If a breezy manner gets it for you, then this is a fine book. I prefer the "gold standard" book, by Dr. Patrick Walsh of Johns Hopkins. It's more technical, but that is what is needed, in my opinion. I didn't care for the author's "I'm so great, funny and RELIGIOUS, I impress even myself" attitude. He didn't impress me at all, in this regard.. It's not up to an MD to tout his own religious beliefs in this arena. (Nor is it up to a surgeon to drag his personal resentment of his own father into the consultation room.) Perhaps it's just me. But in answer to anyone who questions the advisability of surgery in the face of prostate cancer, get over it. Dr. McHugh made the right choice in having surgery and not taking chances. Some people say, "a surgeon is ALWAYS going to recommend surgery." The author isn't going to profit from all the men in the world who have surgery! He's trying to save lives with this book. He's being selfless. Frightened men who worry about incontinence and want an alternative to surgery are fooling themselves. Any responsible MD is going to opt for surgery when it is needed. They know how insidious this disease is. Anyone who has watched a man die from prostate cancer knows that the ultimate pre-emptive strike is surgery when needed, and any follow-up the surgeon may recommend. Sure, read this book. The author wants to help everyone he can reach. If you want ALL the details, read this book and Dr. Walsh's book together. But guys, don't be afraid of the small stuff. Choose life--yours. My best to all of you.

This is one among many books helpful when you get a prostate cancer diagnosis. After reading several books and speaking to many doctors we were able to make an informed decision. Since treatment procedures change so quickly, it's important to read newly published books (sort 's search results by publication date). And, in our experience, the more doctors we spoke with the more options and information we were able to gather. Larger hospitals in nearby cities offered options we had not heard elsewhere, were competitively priced, and covered by our insurance in all the same ways.

I would recommend this book to anyone who has been diagnosed with prostate cancer or has a family history. Physicians typically do not have the time or ability to explain everything to us, the patient, as we do not have all the questions that need to be asked. Most Men are faced with an somewhat fast and overwhelming situation, once diagnosed. This book really assisted me in making an "Informed" decision. I had planned on obtaining a second opinion from another Urologist but after reading the book realized that the second opinion should be with an radiation/oncologist. and again,

after reading this book I attended my appointment well informed and ready to ask the right questions. By the end of my consultation with the oncologist we had both agreed that surgery was the answer for me and not radiation. The feeling of making a very informed decision is an incredible feeling, it felt like a heavy weight was lifted off my shoulders'. The day I had my surgery (this month) my younger brother was diagnosed with prostate cancer, the information I learned from Dr. McHough's book helped my brother make an informed decision, though I am still sending him a copy of this book. Doc William (Author) "I Wash My Hands"

Dr. McHugh did a great service in helping those of us who have been recently diagnosed with prostate cancer. To have a urologist's sincere and honest perspective on this was priceless. My criticisms which are negligible compared to what this book has to offer are-1. No real discussion of the newer types of MRIs that are being done with high diagnostic value, or genetic testing of the unstained cells from the biopsy. I realize Dr. McHugh had his procedure eight years ago, so maybe this isn't as current as it could be.2. I found the last chapter long and not very necessary.3. The Kindle edition of this book was replete with typos. With all that being said, I do feel this is an absolute must read for anyone who has been diagnosed with prostate cancer and needs perspective and direction. Dr. R B Weiss

I read this truly excellent book about 10 months ago, but didn't feel compelled to review it until another reviewer was critical of its production values. Though the book's exterior and art production are less than perfect, its invaluable content makes all such considerations pale. This is a priceless, non-proselytizing, first-person revelation of what a practicing urologist did after he received word that his prostate biopsy was positive. What more could any individual in a similar predicament ask? Simply put, this book provides an illuminating road map for any man faced with making the often life-changing decisions required when one is battling prostate cancer. Along with Dr. McHugh's book, I would also suggest to all prostate cancer patients the individual books by Doctors Walsh, Scardino, Katz, and Chodak. Ideally, one should digest all these volumes before any firm decision is reached. I would also urge avoidance of the massively misleading internet -- at least until these books are well understood, though that, I realize, is probably asking too much. And, most of all, each man must take sufficient time to knowledgeably make his own right decision; second chances are rare.

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The Decision: Your prostate biopsy shows cancer. Now what? Medical insight, personal stories, and

humor by a urologist who has been where you are now. Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Prostate Health Diet: What to Eat to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Healthy Prostate: The Extensive Guide to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostat Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Biopsy Interpretation of the Uterine Cervix and Corpus (Biopsy Interpretation Series) Biopsy Interpretation of the Breast (Biopsy Interpretation Series) Biopsy Interpretation of the Kidney & Adrenal Gland (Biopsy Interpretation Series) Biopsy Interpretation of the Liver (Biopsy Interpretation Series) Biopsy Interpretation of Soft Tissue Tumors (Biopsy Interpretation Series)

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